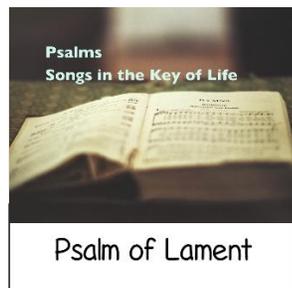


God's Story Our Story



June 14, 2015

Faith 5 – A pattern for shaping a life of faith

Share:

What was a high point of your day? What was a low point?

Read: Reflect on the key verses from Sunday's reading.

But as for me, my prayer is to you, O Lord. At an acceptable time, O God, in the abundance of your steadfast love, answer me. With your faithful help rescue me from sinking in the mire; let me be delivered from my enemies and from the deep waters. Psalm 69:13-14

Talk:

- What was a high point of your day? What was a low point?
- For what does your community/culture cry? Who suffer that have no voice? How could you be a voice for them?
- What keeps you awake at night? Where is God when you are struggling?

Pray:

Faithful God, despite our attempts to live as we ought to, we sometimes still suffer. Yet you remain faithful. Hear us when we call to you, and deliver us from suffering. Amen.

Bless:

May God walk with you in the sadness and in the joy. Amen.

Some Background

This psalm of lament calls upon God's faithfulness to deliver the psalmist from suffering that is caused, in great part, by the psalmist's faithfulness to God. The psalmist, though weary from waiting, remains persistent, knowing that God will answer his pleas and deliver him in God's own time.

These lament psalms give God's people permission to express themselves to God.

Sunday, Psalm 69:1-16, *Psalm of Lament*

Monday, Psalm 22, *Psalm of Lament*

Tuesday, Psalm 51, *Psalm of Lament*

Wednesday, Psalm 70, *Psalm of Lament*

Thursday, Psalm 108, *Psalm of Lament*

Friday, Psalm 123, *Psalm of Lament*

Saturday, Psalm 139, *Psalm of Lament*